PRE-EXAM CHECK LIST

By Lewis Wedlock

Before exam what you do before your exam impacts how you perform in your exam. What do you need to do to perform at your best? List them here.		EXTRA NOTES
The exam thow do you plan to stay locked in during your exam? What will help you with this?		EXTRA NOTES
Post exam What you do post exam helps you to get prepared for the next one. There should be some time scheduled to rest and decompress		EXTRA NOTES

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